

CHAPTER

Factors

SUMMER 2015

Ready, Set...

WALK!

IN KANSAS CITY

IN SPRINGFIELD

IN WICHITA



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Miriam
Caregiver, Miami, FL

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The Midwest Hemophilia Association

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FROM THE EXECUTIVE DIRECTOR



News and Notes

By the time you are reading this article your MHA Board of Directors will have completed the NHF Sponsored Board Training Summit. This all important day-long training was designed for your Board of Directors to come together to learn effective ways of doing not-for-profit business and develop a three-year strategic plan. In 2012, the MHA Board of Directors met in a similar fashion. With five new board members it is important to come together again.

NHF Regional Meeting

The NHF Regional Leadership Conference was held in Tempe, AZ this year. Kristin Marema attended on behalf of the MHA Board. There were sessions on potential risks for volunteers, fundraising, crisis communications, diversity programming, and year-round advocacy training. NHF is also offering Educational Workshops covering four topics related to careers and job seeking. They are Work-Life Balance: Walking the Tightrope; Your Dream Job: What Makes a Good Career Fit; Career Management: Being Entrepreneurial about Your Career; and Job Search Basics: What You Need to Know to Get a Job. NHF Steps for Living program is also offering Education for Empowerment workshops covering Do You Bleed Like Me; Off to College; Playing it Safe for Kids; Siblings; and Mother/Daughter. MHA's Events Committee will review each workshop to see if one or more would be a good fit for future programming. As always, it is good to meet with other chapter executive directors and board staff to share and learn of positive or negative experiences that affected them. All in all it was a good week of continued chapter education.

Walk

2015 brings us our Third Annual MHA/NHF Hemophilia Walk(s). This all important fundraiser will feature three walks one each in Kansas City, Springfield, and Wichita. Proceeds from the Walks go to our educational programming and help support camp and our advocacy efforts. The formula is really pretty simple: sign up your team; ask 10 people for \$20; and *voila*, you have an easy \$200 for your team. In this newsletter you will also find other ideas on how to raise funds for your team. We are in the critical stage of growing all of our Walks and your help is needed. If you would like to get involved in a Walk in your area let me know and I will put you in touch with the local chairperson. This event is all about teamwork, and it starts with you signing up your team online. Go to hemophilia.org/walk and click on the KS or MO icon.

Mark Cox
Executive Director

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Or pay online at: www.midwesthemophilia.org

THANK YOU FOR YOUR SUPPORT!



Message from the President

Hello again! I hope that everyone is enjoying their summer! School has just begun and soon everyone will be incredibly busy with homework, sports and everything else that takes up your valuable time.

I want everyone to start thinking about the MHA NHF Hemophilia Walks that are coming up this October. Getting your kids involved in raising awareness and funds is really easy for you and them when you use your schools. It gives the kids a chance to explain their disease to those around them, as well as gives them a reason to get their friends involved with them.

A few ideas that you can look into:

- 1) Speak to the school administration and ask what it would take to initiate a "jean day" for teachers. Here's how this works: for a month or two you advertise that any teacher that donates \$5 (or more) to your walk team will get to wear jeans on a certain date. They can pay the funds in

the office and you can collect the envelope at the end of the time period.

- 2) Host a lemonade stand.
- 3) Have a bake sale
- 4) Have a garage sale and donate the funds to your team
- 5) Ask EVERYONE to support the Walks: neighbors; friends; coworkers; church members; etc. You support everyone else's cause, why can't they support yours? Do you buy Girl Scout cookies from Suzie every year? How about the Boy Scouts? Or the neighbor's kid that was fundraising for their school? Ask the same people to support your cause.

There are countless ways to raise funds. Get creative. Most importantly have fun with it! We are all fighting on the same team and we need to work together to make this successful!

Also as an added bonus the top fundraiser (minimum of \$5,000) wins a trip to NHF for 2016! Details coming soon!

Last but not least... I have committed to coloring my hair fire engine red IF every local site location (Kansas City, Springfield, Wichita) can hit their fundraising goal of \$15,000. I will come to every Walk with my bright red hair and you take all the pictures you want.

In conclusion, we need the community's help to raise funds for this year's Walk. It is really easy to do, all you have to do ask. Remember, there is a trip and my hair at stake here!!!

Go to www.hemophilia.org/walk.

Click on the KS or MO icon and follow the prompts. You'll be glad you did.

— By Aimee Tempera, President

Study Focuses on Cardiovascular Disease in Hemophilia Patients

As life expectancy in people with hemophilia (PWH) continues to rise closer to the national average, hemophilia healthcare providers have grown increasingly interested in the conditions most commonly linked to aging. One

of the more pervasive of these is cardiovascular disease (CVD), and associated conditions such as ischemic heart disease (hardening of arteries) and atrial fibrillation (irregular heartbeat rate/rhythm). A multidisciplinary team of investigators conducted a scan and review of medical literature associated with CVD in PWH published between 1980-2013. Their findings, "Consensus Review of the Treatment of





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Cardiovascular Disease in People with Hemophilia A and B,” were published in the March/April issue of the journal *Cardiology in Review*.

The lead author of the review was Victor Ferraris, MD, PhD, Tyler Gill Professor of Surgery, Division of Cardiovascular and Thoracic Surgery at the University of Kentucky in Lexington. Ferraris and his coauthors acknowledged that data relevant to CVD in PWH is limited. That’s because of the low numbers of hemophilia patients who have been documented with complications related to heart disease. The result is a lack of evidence-based guidelines from which to base treatment decisions.

“Accordingly, current recommendations for the medical and surgical management of common cardiovascular conditions in PWH derive from anecdotal experience and expert opinion. Most recommendations reflect guidelines and common practices for people without hemophilia,” said Ferraris. “Ultimately, the rigorous, systematic investigation of management strategies for many cardiovascular conditions is unobtainable, given

the relative rarity of hemophilia and even smaller numbers of PWH with any given cardiovascular condition.”

However, Ferraris and colleagues did arrive at some conclusions. An examination of the literature suggested that low levels of factor VIII or IX did not necessarily offer hemophilia A or B patients extra protection against CVD conditions, including ischemic heart disease. In fact, the authors anticipate that older PWH will experience CVD rates comparable to the general population. Investigators added that recommendations relevant to the medical/surgical management of CVD in the aging PWH will be largely comparable to what is recommended for unaffected patients, as long as factor levels remain high enough to ensure adequate control of bleeds. They also acknowledged that the presence of an inhibitor to infused factor VIII or IX will complicate treatment and management in PWH/CVD considerably. The authors concluded that close collaboration between cardiology specialists and the comprehensive care team is crucial for quality clinical management.

2015 MHA CALENDAR

October 10, 2015

Kansas City Hemophilia Walk
*Shawnee Mission Park
Shawnee, KS*

October 17, 2015

Springfield Hemophilia Walk
*Botanical Gardens
Springfield, MO*

October 25, 2015

Wichita Hemophilia Walk
*Exploration Place
Wichita, KS*

December 5, 2015

19th Annual MHA Banquet and MHA Board Meeting
*Kauffman Stadium
Kansas City, MO*

“As the population of PWH ages, cardiovascular health care providers will encounter increasing numbers of PWH presenting with typical age related cardiovascular conditions, in addition to other acquired or congenital conditions spanning all ages,” reported the authors. “To optimize resource utilization and clinical outcome and to minimize bleeding risk and complications, close consultation with a hematologist, ideally in association with a hemophilia treatment center, is essential.”

— Source: *Heplive.com*,
June 29, 2015





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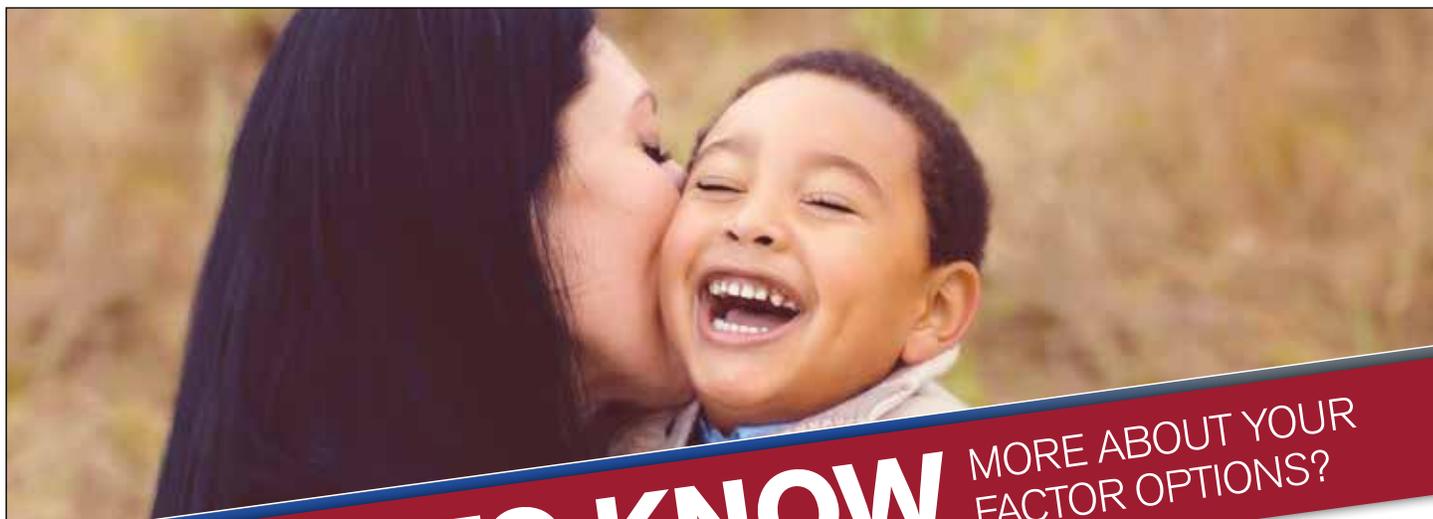
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What is XYNTHA?

XYNTHA® Antihemophilic Factor (Recombinant) is indicated in adults and children for the control and prevention of bleeding episodes in patients with hemophilia A (congenital factor VIII deficiency or classic hemophilia) and for the prevention of bleeding during surgery in patients with hemophilia A.

XYNTHA does not contain von Willebrand factor and, therefore, is not indicated for von Willebrand's disease.

Important Safety Information for XYNTHA

- Call your healthcare provider or go to the emergency department right away if you have any of the following symptoms because these may be signs of a serious allergic reaction: wheezing, difficulty breathing, chest tightness, turning blue (look at lips and gums), fast heartbeat, swelling of the face, faintness, rash, low blood pressure, or hives. XYNTHA contains trace amounts of hamster protein. You may develop an allergic reaction to these proteins. Tell your healthcare provider if you have had an allergic reaction to hamster protein.
- Call your healthcare provider right away if bleeding is not controlled after using XYNTHA; this may be a sign of an inhibitor, an antibody that may stop XYNTHA from working properly. Your healthcare provider may need to take blood tests to monitor for inhibitors.

- Across all clinical studies, the most common side effects (10% or more) with XYNTHA in adult and pediatric previously treated patients (PTPs) were headache (26% of subjects), joint pain (25%), fever (21%), and cough (11%). Other side effects reported in 5% or more of patients were: diarrhea, vomiting, weakness, and nausea.
- XYNTHA is an injectable medicine administered by intravenous (IV) infusion. You may experience local irritation when infusing XYNTHA after reconstitution in XYNTHA® SOLOFUSE®.

Please see brief summary of full Prescribing Information for XYNTHA and XYNTHA SOLOFUSE on the next page.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

*You must be currently covered by a private (commercial) insurance plan. If you are not eligible for the trial prescription program, you may find help accessing Pfizer medicines by contacting Pfizer's RxPathways program. For questions about the XYNTHA Trial Prescription Program, please call 1-800-710-1379 or write us at XYNTHA Trial Prescription Program administrator, MedVantx, PO Box 5736, Sioux Falls, SD 57117-5736.

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Antihemophilic Factor (Recombinant)



Antihemophilic Factor (Recombinant)

R_x only

Brief Summary

See package insert for full Prescribing Information, including patient labeling. For further product information and current patient labeling, please visit XYNTHA.com or call Pfizer Inc toll-free at 1-800-879-3477.

Please read this Patient Information carefully before using XYNTHA and each time you get a refill. There may be new information. This leaflet does not take the place of talking with your healthcare provider about your medical problems or your treatment.

What is XYNTHA?

XYNTHA is an injectable medicine that is used to help control and prevent bleeding in people with hemophilia A. Hemophilia A is also called classic hemophilia. Your healthcare provider may give you XYNTHA when you have surgery.

XYNTHA is not used to treat von Willebrand's disease.

What should I tell my healthcare provider before using XYNTHA?

Tell your healthcare provider about all your medical conditions, including if you:

- have any allergies, including allergies to hamsters.
- are pregnant or planning to become pregnant. It is not known if XYNTHA may harm your unborn baby.
- are breastfeeding. It is not known if XYNTHA passes into your milk and if it can harm your baby.

Tell your healthcare provider and pharmacist about all of the medicines you take, including all prescription and non-prescription medicines, such as over-the-counter medicines, supplements, or herbal remedies.

How should I infuse XYNTHA?

Step-by-step instructions for infusing with XYNTHA are provided at the end of the complete Patient Information leaflet. The steps listed below are general guidelines for using XYNTHA. Always follow any specific instructions from your healthcare provider. If you are unsure of the procedures, please call your healthcare provider before using.

Call your healthcare provider right away if bleeding is not controlled after using XYNTHA. Your body can also make antibodies against XYNTHA (called "inhibitors") that may stop XYNTHA from working properly. Your healthcare provider may need to take blood tests from time to time to monitor for inhibitors.

Call your healthcare provider right away if you take more than the dose you should take.

Talk to your healthcare provider before traveling. Plan to bring enough XYNTHA for your treatment during this time.

What are the possible side effects of XYNTHA?

Call your healthcare provider or go to the emergency department right away if you have any of the following symptoms because these may be signs of a serious allergic reaction:

- wheezing
- difficulty breathing
- chest tightness
- turning blue (look at lips and gums)
- fast heartbeat
- swelling of the face
- faintness
- rash
- hives

Common side effects of XYNTHA are

- headache
- fever
- nausea
- vomiting
- diarrhea
- weakness

Talk to your healthcare provider about any side effect that bothers you or that does not go away. You may report side effects to FDA at 1-800-FDA-1088.

How should I store XYNTHA?

Do not freeze.

Protect from light.

XYNTHA Vials

Store XYNTHA in the refrigerator at 36° to 46°F (2° to 8°C). Store the diluent syringe at 36° to 77°F (2° to 25°C).

XYNTHA can last at room temperature (below 77°F) for up to 3 months. If you store XYNTHA at room temperature, carefully write down the date you put XYNTHA at room temperature, so you will know when to either put it back in the refrigerator, use it immediately, or throw it away. There is a space on the carton for you to write the date.

If stored at room temperature, XYNTHA can be returned one time to the refrigerator until the expiration date. Do not store at room temperature and return it to the refrigerator more than once. Throw away any unused XYNTHA after the expiration date.

Infuse XYNTHA within 3 hours of reconstitution. You can keep the reconstituted solution at room temperature before infusion, but if you have not used it in 3 hours, throw it away.

Do not use reconstituted XYNTHA if it is not clear to slightly opalescent and colorless.

Dispose of all materials, whether reconstituted or not, in an appropriate medical waste container.

XYNTHA SOLOFUSE

Store in the refrigerator at 36° to 46°F (2° to 8°C).

XYNTHA SOLOFUSE can last at room temperature (below 77°F) for up to 3 months. If you store XYNTHA SOLOFUSE at room temperature, carefully write down the date you put XYNTHA SOLOFUSE at room temperature, so you will know when to throw it away. There is a space on the carton for you to write the date.

Throw away any unused XYNTHA SOLOFUSE after the expiration date.

Infuse within 3 hours after reconstitution or after removal of the grey rubber tip cap from the prefilled dual-chamber syringe. You can keep the reconstituted solution at room temperature before infusion, but if it is not used in 3 hours, throw it away.

Do not use reconstituted XYNTHA if it is not clear to slightly opalescent and colorless.

Dispose of all materials, whether reconstituted or not, in an appropriate medical waste container.

What else should I know about XYNTHA?

Medicines are sometimes prescribed for purposes other than those listed here. Talk to your healthcare provider if you have any concerns. You can ask your healthcare provider for information about XYNTHA that was written for healthcare professionals.

Do not share XYNTHA with other people, even if they have the same symptoms that you have.

This brief summary is based on the Xyntha® [Antihemophilic Factor (Recombinant)] Prescribing Information LAB-0516-5.0, revised 10/14, and LAB-0500-9.0, revised 10/14.

Midwest Hemophilia Association's

SUMMER CAMP

For the first time in 24 years, MHA's Summer Camp was held at a new location – Lake Doniphan Conference and Retreat Center. Seventy-six campers participated in this year's camp. As always, Camp was a mixture of fun, sun, water, education, and self-infusion. Activities included swimming, archery, kayaking, Frisbee golf, and much more. The infamous Gold Rush game was one of the highlights of Camp!

Camp would not be possible without the leadership of our director Andrew Wilson. He and his committee put in long hours of planning and preparation to make sure Camp runs smoothly, and that the kids are always in a safe environment. MHA would also like to thank our numerous nurses, doctors, counselors and volunteers for taking time out of their schedules to support and mentor our campers.

Special thanks to our contributors: Children's Mercy Hospital, Soleo Health, Baxalta, Pfizer, Novo Nordisk, R.A. Long Foundation, ARJ Infusion Services, Accurate Rx, CVS Health, Bayer, CSL Behring, Grifols USA, National Cornerstone, Accredo and George King Bio Medical.

We hope to see everyone back next year!





SAVE THE DATE

Join us at any one of the three Hemophilia Walks. We walk to raise Funds and Awareness for the bleeding disorder community. Your support is vital to our success.

To form a team or donate go to:
www.hemophilia.org/walk
and click on the KS or MO icon



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**WALK LOCATIONS
AND DATES**

KANSAS CITY, MO

Shawnee Mission Park
Shawnee, KS

Saturday, October 10, 2015

SPRINGFIELD, MO

Botanical Gardens
Springfield, MO

Saturday, October 17, 2015

WICHITA, KS

Exploration Place
Wichita, KS

Sunday, October 25, 2015

Ready, Set... WALK!

IN KANSAS CITY

by Brooke Connell

Join MHA for our annual Kansas City Hemophilia Walk on Saturday, October 10 at Shawnee Mission Park. Registration will begin at 9:30 a.m. and the Walk at 10:00 a.m. The two-mile course will start and finish at Shelter #1.

Get started today by creating your team and recruiting members at hemophilia.org/walk. The Walk is one of the biggest fundraisers of the year for MHA and we need your help to make it a success. The proceeds from the Walk help support MHA programs including camp, Family Fun Fair, and education events.

Immediately following the Walk, breakfast will be served from Chris Cakes. This is a fun event for the whole family, and you won't want to miss it.

As the chair for the Kansas City Walk, I became involved with the event to help increase awareness locally for the bleeding disorder community. It is a great opportunity for me to educate my friends and family about living with a bleeding disorder and ask for their help to make sure MHA can continue offering programs. I'm excited each year for my group to gather the morning of the Walk and celebrate our fundraising success.

I hope to see you all on Walk morning. Good luck fundraising and if you have any questions, or need any tips, contact me any time at connell_brooke@yahoo.com.

IN WICHITA

by Jennifer Rentschler

This is my first year as the Wichita Hemophilia Walk chairperson. I'm very excited to have the opportunity to organize this fundraiser. My hope is that the Walk will truly be a celebration of all of the hard work everyone has put into their fundraising. I am passionate about fundraising for our organization because my kids and I are able to attend camp each year and it is always a magical experience. Without fundraisers like our annual Walk, camp would not be possible. Think about what your favorite MHA event is, and keep it on your mind as you set out to raise money.

Our Walk will be on October 25th. Registration begins at 12:30 at Exploration Place on 300 N. McLean Boulevard in Wichita, Kansas. Our theme this year is "Halloween Spooktacular." We are encouraging kids to wear their Halloween costumes and we will also provide face painting.

If you would like ideas about fundraising for you own team, please get in touch with me. Please get in touch with me at jenr@accuraterx.net.

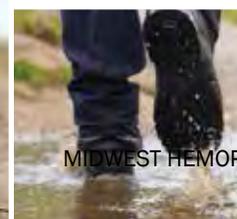
IN SPRINGFIELD

by Angela Brown

Top Ten Reasons to Join the Walk

- 10. It's healthy!** *Exercise provides physical & mental rewards like reducing stress or losing weight.*
- 9. You get to show off your swagger.** *It's not a race – just a leisurely walk. However, there will be an open-air tour bus for those who might need it.*
- 8. It brings people together!** *You will meet some amazing friends while building camaraderie and teamwork.*
- 7. You'll make a difference!** *Your registration fee and fundraising money make it possible for kids to attend camp for free.*
- 6. The location is beautiful.** *The fall foliage in the Ozarks is absolutely gorgeous.*
- 5. It strengthens your community.** *You're supporting local families and youth.*
- 4. Everyone can participate.** *Age doesn't matter. If you can't attend, you can still ask your family, friends, neighbors, and co-workers to make a donation online.*
- 3. Springfieldians JUST ROCK!**
- 2. You could win a free trip to the 2016 NHF Annual Meeting in Orlando, Florida.** *You must raise the most money of all three locations (Kansas City, Wichita, and Springfield), with a minimum of \$5,000, and document all funds through the walk website by the walk deadline.*
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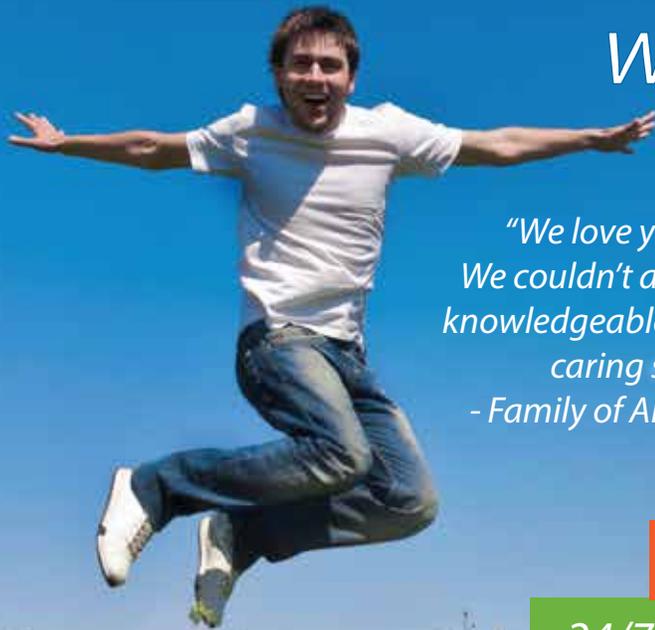
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Men's Retreat

by John Carleton

On the weekend of August 28-30, MHA and the KC HTC hosted a Men's Retreat at Big Cedar Lodge near Branson, MO. The weekend was full of fun and education. One of the highlights was a pontoon boat ride on beautiful Table Rock Lake. On Saturday night an epic Chili Cook-off was held. The guys divided into teams and had to prepare chili from scratch. Let's just say lots of water was at the ready because some teams went the hot and spicy route.

Each meal ended with an education forum including topics such as genotyping, inhibitors, plasma safety, self-advocacy, general wellness, and health. Thanks to our sponsors: Baxalta, Grifols USA, Bayer and Biogen.

A good time was had by everyone and we hope to hold another similar type retreat in the future.



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In one of the largest clinical trials of a recombinant factor VIII to date, **there were 0 inhibitors confirmed** in 213 previously treated patients^b

^aCompared with other recombinant factor VIII products.

^bPeople with previous inhibitors and those new to treatment were not included in the trial. People with hemophilia A may develop inhibitors to factor VIII.

Please see Prescribing Information for complete storage instructions.



Terms and conditions apply.

Visit Novoeight.com today to learn more.

Indications and Usage

Novoeight® (Antihemophilic Factor [Recombinant]) is an injectable medicine used to control and prevent bleeding in people with hemophilia A. Your healthcare provider may give you Novoeight® when you have surgery.

Novoeight® is not used to treat von Willebrand Disease.

Important Safety Information

You should not use Novoeight® if you are allergic to factor VIII or any of the other ingredients of Novoeight® or if you are allergic to hamster proteins.

Call your healthcare provider right away and stop treatment if you get any of the following signs of an allergic reaction: rashes or hives, difficulty breathing or swallowing, tightness of the chest, swelling of the lips and tongue, light-headedness, dizziness or loss of consciousness, pale and cold skin, fast heartbeat, or red or swollen face or hands.

Before taking Novoeight®, you should tell your healthcare provider if you have or have had any medical conditions, take any medicines (including non-prescription medicines and dietary supplements), are nursing, pregnant or planning to become pregnant, or have been told that you have inhibitors to factor VIII.

Your body can make antibodies called “inhibitors” against Novoeight®, which may stop Novoeight® from working properly. Call your healthcare provider right away if your bleeding does not stop after taking Novoeight®.

Common side effects of Novoeight® include swelling or itching at the location of injection, changes in liver tests, and fever.

Please see brief summary of Prescribing Information on following page.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Novo Nordisk Inc., 800 Scudders Mill Road, Plainsboro, New Jersey 08536 U.S.A.

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novoeight®
Antihemophilic Factor
(Recombinant)

novoeight®

Antihemophilic Factor (Recombinant)

Patient Product Information

Novoeight® (NŌ-vō-eyt) Antihemophilic Factor (Recombinant)

Rx Only

This is a BRIEF SUMMARY of important information about Novoeight®.

Read the Patient Product Information and the Instructions For Use that come with Novoeight® before you start taking this medicine and each time you get a refill. There may be new information.

This Patient Product Information does not take the place of talking with your healthcare provider about your medical condition or treatment. If you have questions about Novoeight® after reading this information, ask your healthcare provider.

What is the most important information I need to know about Novoeight®?

Do not attempt to do an infusion yourself unless you have been taught how by your healthcare provider or hemophilia center.

You must carefully follow your healthcare provider's instructions regarding the dose and schedule for infusing Novoeight® so that your treatment will work best for you.

What is Novoeight®?

Novoeight® is an injectable medicine used to replace clotting factor VIII that is missing in patients with hemophilia A. Hemophilia A is an inherited bleeding disorder that prevents blood from clotting normally.

Novoeight® is used to control and prevent bleeding in people with hemophilia A.

Your healthcare provider may give you Novoeight® when you have surgery.

Novoeight® is not used to treat von Willebrand Disease.

Who should not use Novoeight®?

You should not use Novoeight® if you

- are allergic to factor VIII or any of the other ingredients of Novoeight
- if you are allergic to hamster proteins

Tell your healthcare provider if you are pregnant or nursing because Novoeight® might not be right for you.

What should I tell my healthcare provider before I use Novoeight®?

You should tell your healthcare provider if you

- Have or have had any medical conditions.
- Take any medicines, including non-prescription medicines and dietary supplements.
- Are nursing.
- Are pregnant or planning to become pregnant.
- Have been told that you have inhibitors to factor VIII.

How should I use Novoeight®?

Treatment with Novoeight® should be started by a healthcare provider who is experienced in the care of patients with hemophilia A.

Novoeight® is given as an injection into the vein.

You may infuse Novoeight® at a hemophilia treatment center, at your healthcare provider's office or in your home. You should be trained on how to do infusions by your hemophilia treatment center or healthcare provider. Many people with hemophilia A learn to infuse the medicine by themselves or with the help of a family member.

Your healthcare provider will tell you how much Novoeight® to use based on your weight, the severity of your hemophilia A, and where you are bleeding.

You may need to have blood tests done after getting Novoeight® to be sure that your blood level of factor VIII is high enough to clot your blood. This is particularly important if you are having major surgery.

Your healthcare provider will calculate your dose of Novoeight® (in international units, IU) depending on your condition and body weight.

Call your healthcare provider right away if your bleeding does not stop after taking Novoeight®.

Development of factor VIII inhibitors

Your body can also make antibodies called "inhibitors" against Novoeight®, which may stop Novoeight® from working properly.

If your bleeding is not adequately controlled, it could be due to the development of factor VIII inhibitors. This should be checked by your healthcare provider. You might need a higher dose of Novoeight® or even a different product to control bleeding. Do not increase the total dose of Novoeight® to control your bleeding without consulting your healthcare provider.

Use in children

Novoeight® can be used in children. Your healthcare provider will decide the dose of Novoeight® you will receive.

If you forget to use Novoeight®

Do not inject a double dose to make up for a forgotten dose. Proceed with the next injections as scheduled and continue as advised by your healthcare provider.

If you stop using Novoeight®

If you stop using Novoeight® you are not protected against bleeding. Do not stop using Novoeight® without consulting your healthcare provider.

If you have any further questions on the use of this product, ask your healthcare provider.

What if I take too much Novoeight®?

Always take Novoeight® exactly as your healthcare provider has told you. You should check with your healthcare provider if you are not sure. If you inject more Novoeight® than recommended, tell your healthcare provider as soon as possible.

What are the possible side effects of Novoeight®?

Common Side Effects Include:

- swelling or itching at the location of injection
- changes in liver tests
- fever

Other Possible Side Effects:

You could have an allergic reaction to coagulation factor VIII products. **Call your healthcare provider right away and stop treatment if you get any of the following signs of an allergic reaction:**

- rashes including hives
- difficulty breathing, shortness of breath or wheezing
- tightness of the chest or throat, difficulty swallowing
- swelling of the lips and tongue
- light-headedness, dizziness or loss of consciousness
- pale and cold skin, fast heart beat which may be signs of low blood pressure
- red or swollen face or hands

These are not all of the possible side effects from Novoeight®. Ask your healthcare provider for more information. You are encouraged to report side effects to FDA at 1-800-FDA-1088.

Tell your healthcare provider about any side effect that bothers you or that does not go away.

How should I store Novoeight®?

Prior to Reconstitution:

Store in original package in order to protect from light. Do not freeze Novoeight®.

Novoeight® vials can be stored in the refrigerator (36–46°F [2°C–8°C]) for up to 30 months or up to the expiration date, or at room temperature (up to 86°F [30°C]) for a single period not exceeding 12 months.

If you choose to store Novoeight® at room temperature:

- Note the date that the product is removed from refrigeration on the box.
- The total time of storage at room temperature should not exceed 12 months. Do not return the product to the refrigerator.
- Do not use after 12 months from this date or the expiration date listed on the vial, whichever is earlier.

Do not use this medicine after the expiration date which is on the outer carton and the vial.

The expiration date refers to the last day of that month.

After Reconstitution (mixing the dry powder in the vial with the diluent):

The reconstituted Novoeight® should appear clear to slightly unclear without particles.

The reconstituted Novoeight® should be used immediately.

If you cannot use the Novoeight® immediately after it is mixed, it should be used within 4 hours when stored at ≤ 86°F (30°C). Store the reconstituted product in the vial.

Keep this medicine out of the sight and out of reach of children.

What else should I know about Novoeight® and hemophilia A?

Medicines are sometimes prescribed for purposes other than those listed here. Do not use Novoeight® for a condition for which it is not prescribed. Do not share Novoeight® with other people, even if they have the same symptoms that you have.

For more information about Novoeight®, please call Novo Nordisk at 1-844-30-EIGHT.

More detailed information is available upon request.

Available by prescription only.

Revised: 09/2014

Novoeight® is a trademark of Novo Nordisk A/S.

For information about Novoeight® contact:

Novo Nordisk Inc.
800 Scudders Mill Road
Plainsboro, NJ 08536, USA

Manufactured by:
Novo Nordisk A/S
DK-2880 Bagsvaerd, Denmark

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1214-00024657-1 12/14



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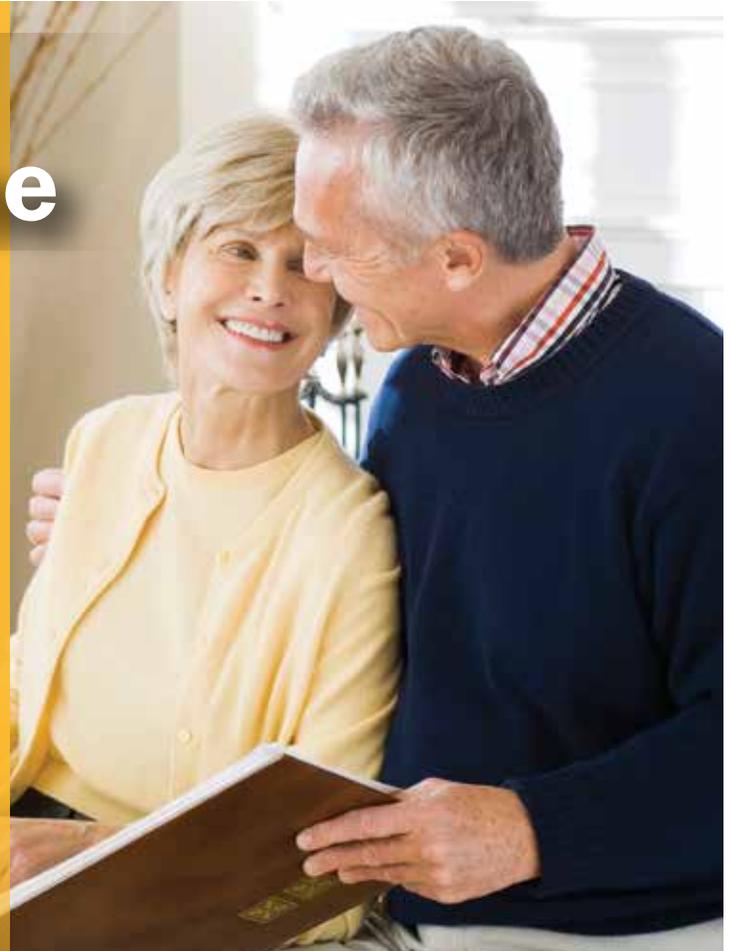
You can support the Midwest Hemophilia Association by making a planned giving gift. Whether it is a gift of your estate, a trust gift, stock or life insurance you can give to MHA with a gift that won't alter your daily financial commitments.

A planned gift is a tried and true method of charitable giving. It's the gift that keeps on giving and enables you to support MHA and those with bleeding disorders in perpetuity.

So when you are talking about your estate gifts, please consider a planned gift to the Midwest Hemophilia Association.



**Midwest
Hemophilia
Association**



It's Time to Help Support Your Hemophilia Treatment Center

Just make the choice to get your factor from the Children's Mercy Hospital 340B program and you are helping to support your HTC team... it's that simple! All proceeds go to support the specialized clinicians, physical therapy, training, and other essential services you and your family have come to depend on at Children's Mercy Hospital.

Did you know that our factor program provides:



- Peace of mind... Hematologists are on call 24 hours a day, 7 days a week
- All brands of factor in a wide assortment of vial sizes
- A broad list of infusion supplies
- Customer Care Coordinators who know Hemophilia and are ready to be of assistance
- Interpreters who are fluent in over 180 different languages
- Coordination of in-home nursing services
- Shipments to your home or choice of location

Contact us at 816-221-4544
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Antihemophilic Factor/von Willebrand Factor Complex (Human)

AlphaNine[®] SD

Coagulation Factor IX (Human)
Solvent Detergent Treated/Viral Filtered

INTRODUCING
The Pay As Little As \$0 Copay Program

Dear Valued Customer:

On January 1 2015, Grifols will launch a new and improved copay card program for patients on ALPHANATE and AlphaNine SD.

Program information:

- Patients may be eligible for up to \$20,000 in coverage annually for the cost of their ALPHANATE or AlphaNine SD prescriptions
- No monthly maximums
- No waiting period; patients may use the offer as soon as they enroll
- No income requirement
- Program enrollment is required
- Restrictions apply
 - Patients must have commercial insurance
 - Patients must have a valid ALPHANATE or AlphaNine SD prescription
 - Patients may not participate in Medicare Part D, Medicaid, Medigap, Veteran's Affairs, Department of Defense, TRICARE, or any other federal or state-funded programs or be enrolled in a health plan that does not permit members to participate in copay assistance programs

How to enroll:

ALPHANATE Pay as Little as \$0 CoPay program

- Visit www.alphanatecard.com or call (877) 255-4829 and speak with a customer experience center support person

AlphaNine SD Pay as Little as \$0 CoPay program

- Visit www.alphaninecard.com or call (877) 264-1405 and speak with a customer experience center support person

MOVING? New Address

Name

Address

City State ZIP

(Area Code) Phone Number

E-Mail Address

MAIL TO: MHA • PO Box 412866 • Kansas City, MO 64141

E-MAIL TO: info@midwesthemophilia.org



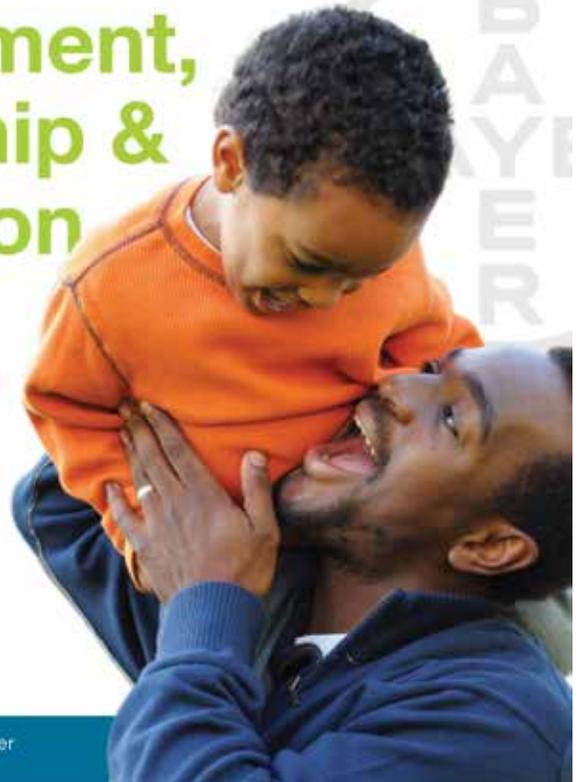
Midwest Hemophilia Association

PO Box 412866
Kansas City, MO 64141



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For information on Bayer's Educational Patient and Community Resources, contact your Hematology Account Executive by calling 1-888-79-BAYER.