

you're invited.

Join us for an upcoming virtual event.

Food and Fitness Basics: Small Changes for a Healthier Lifestyle

Presenter: **CATHY TIGGS, Social Worker**



Thursday, July 30, 2020
7:30 PM – 9:30 PM (CDT)



Via Zoom Video Conference



Host:
Novo Nordisk &
Factor One Source / FAST
Pharmacy



Zoom Link Will Be
Provided Upon RSVP

To RSVP or if you have questions about this program, please call **Angela Brown** at **816.479.5900** or email **MHAEvents@midwesthemophilia.org**.

Please note: This is a promotional education presentation; it will not be certified for continuing medical education credit.

