



FAB AGENDA

Friday, October 11

4:00 – Hotel Check-In
6:00 – 8:00 Welcome Reception

Location
Margaritaville
Windgate Plaza
(outside behind the lobby)

Saturday, October 12

8:00 – 9:00 Breakfast and Registration

9:00 – 9:30 Welcome & Introductions, Women’s Retreat Committee
9:30 – 10:45 Keynote: Comp Clinic Capers

10:45– Break & Group Photo

11:00 – 12:00 Breakouts
Breakout #1 Family Planning/Reproductive Years, Dr. Megan Vaglio, OBGYN
Breakout #2 Taking Care of the Caregiver, Maureen Grace

12:00 – Lunch

1:00 – 1:50 Breakouts
Breakout #1: Menopause 101, Dr. Megan Vaglio, OBGYN
Breakout #2 Kinesio Taping, Makenzie Sledd, PT Washington University HTC

2:00-2:50 Art Therapy, Sara Ceresa, Octapharma

3:00 “Framed”-A Crafty Experience, Maureen & Angela

3:30 Relax-Free Time

6:00 Dinner, PJ Party, and Evaluations
7:00 Period Party, Games, Drinks, Hang out

Hospitality Suite

Sunday, October 15

8:00 – 10:30 Breakfast *(On your own with voucher)*

JB’s Boathouse Grill